Co-morbidities, commonly associated with chronic conditions, are estimated to account for 12%-18% of all NHS expenditure. The Open Minds team developed a set of new pathways in collaboration with local physical health professionals to fill a gap in the service provision for these patients. Group sessions and 1:1 cognitive behavioural therapy (CBT) sessions were provided for severe sufferers of COPD and heart failure in a two year pilot study. This demonstrated significant improvements in both mental and physical health as well as quality of life and patient experience. The data shows dependency on secondary services reduced and a radical shift from unplanned to planned care has been achieved, saving over £110,000 per year.